

ALL DAY MENU

RICOTTA HOTCAKES (V) 22.5

two freshly baked spongy ricotta hotcakes, mango coulis, blueberry compote, Philadelphia cream cheese, fresh berries, toasted almonds -add vanilla ice cream 4

FRENCH TOAST (V, GF OPTION) 22.5

milk bread French toast, ricotta cream, macerated strawberry, pistachio, maple syrup -not vegetarian? add "Pendle" crispy bacon 6

CHILLI SCRAMBLED EGGS (V, DF, GF OPTION) 22.5

two eggs scrambled with chilli and spring onion, sautéed mushroom and kale, toasted sourdough -need more protein? add grilled halloumi 6

PESTO SCRAMBED (V, GF OPTION) 22.5

two eggs scrambled with basil pesto on toasted sourdough, avocado, feta and cherry tomato salad, toasted pine nuts

-not vegetarian? add smoked salmon 6

AVOCADO "BREAD" (V. GF) 22.5

house made low carb avocado "bread", two fried eggs, grilled asparagus, rocket, tomato salsa, shaved Parmesan cheese, balsamic reduction -need more protein? add marinated feta 4

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SUPER CRUNCHY CHICKEN BURGER (DF) 26.5

fried mild spicy chicken thigh, bacon, tomato, lettuce, pickled cucumber, sriracha mayo, chips

BEEF BURGER (GF OPTION) 26.5

grilled beef patty, cheese, tomato, lettuce, grilled eggplant, pickled onion, basil aioli, milk bun, chips

OPEN BEEF STEAK SANDWICH (GF OPTION) 26.5

grilled beef steak, mushroom, tomato, lettuce, caramelised onion, horseradish sauce, toasted sourdough, chips -add one fried egg 2.5

Beess & Co. est. 2003

we only use free range eggs

SWEET POTATO "TOAST" (V, GF, DF OPTION) 22.5

scrambled eggs, fresh avocado, spiced baked sweet potato, fried cherry tomato, diced feta, smoked paprika, fresh parsley -not vegetarian? add "Pendle" crispy bacon 6

HEALTHY START (V) 22.5

blended blueberry and almond milk, oats and chia seeds, fresh fruit, cluster cereal, maple syrup -need more fruit? add caramelised banana 4

HERBS & GOATS CHEESE OMELETTE (V, GF OPTION) 22.5

folded herbs and goat cheese omelette, beetroot chutney, toasted almonds, marinated feta, toasted sourdough -need something green? add fresh avocado 6



CHICKEN & ARTICHOKES SALAD 26.5

stir fried marinated chicken, grilled artichokes, grilled zucchini, potato, cherry tomato, mixed lettuce

WARM HALLOUMI SALAD (V, GF) 26.5

grilled halloumi, eggplant, zucchini, capsicum, pickled onion, quinoa, rocket, toasted pine nuts, fresh herbs, citrus dressing

GRILLED OCTOPUS (GF, DF) 26.5

grilled octopus, potato and capers hash, grilled artichokes, olive tapenade

FISH AND CHIPS (DF) 26.5

lemon and pepper battered barramundi fillets, chips, garden salad, tartar sauce

ZUCCHINI FRITTERS 26.5

house made zucchini, feta and kale fritters, smoked salmon, sour cream, cucumber ribbons, capers,

fresh herbs







BEESS BENNY (GF. V OPTION) 22.5

two house made crispy cheesy hash browns, poached eggs, beetroot sauce, fresh baby spinach leaves, dill hollandaise, with choice of bacon, ham, wilted spinach or salmon (+\$4)

-not more protein? add fresh avocado 6

LITTLE BREAKFAST (GF OPTION) 22.5

choice of two poached, scrambled or fried eggs, grilled bacon, hash brown, toasted sourdough -need more protein? add sauteed mushroom 6

"THREE MILLS BAKERY" TOAST

With choice of strawberry jam, blackberry jam, marmalade, vegemite, peanut butter, or honey

Sourdough, Multigrain, Turkish

Gluten Free, Fruit and Raisin Toast

TAGLIATELLE SUMMER MARINARA 26.5

house made tagliatelle pasta, prawns, clams, mussels, cherry tomato, garlic, chilli, white wine sauce

Sandwich Toastie & Chips OR Salad (GF-O)

Ham, Cheese, Tomato Chicken, Avocado, Cheese Bacon, Lettuce, Tomato Chicken, Bacon, Mayo Cheese, Tomato, Avocado

17.5

SIDES

parmesan, feta, dill hollandaise

grilled tomato, spinach, hash browns

sautéed mushroom, halloumi, avocado, bacon, sausages, smoked salmon

bowl of chips 10

10% Surcharge applies on Sundays & 15% Public Holidays